

CELEBRITY BEAUTY BOOSTS

The treatment Dermalogica Face Mapping

Celebrity fan Cate Blanchett

Low-down Using Chinese medicine principles, the face is divided into 'zones' – the theory is that each zone is connected to a different bodily system. A lifestyle questionnaire, along with the complexion being scrutinised under a magnifying glass, helps the therapist diagnose the skin type. The facial, consisting of a peel, mask and moisturiser, uses an electric current to 'push' products deeper into the skin.

Does it work? Claims a brighter complexion after one treatment. Follow-up facials are recommended every four to six weeks.

Cost From £50.

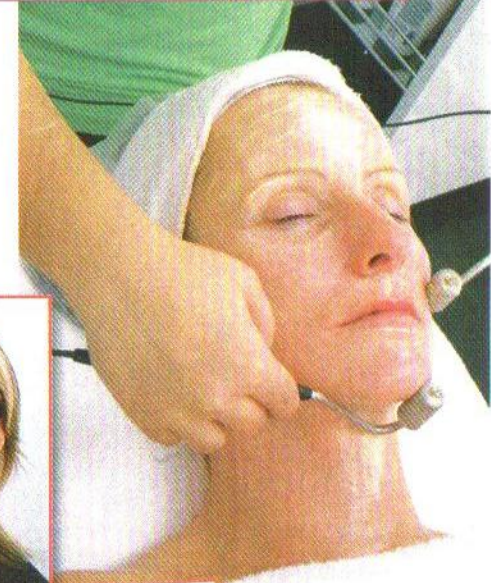
Contact 0800 591818; www.dermalogica.co.uk

The tester Elisa Cauldon, 42, Billericay, Essex

'It's good value for money and a very relaxing treatment. Afterwards my grey, lined skin appeared fresh and healthy and I looked a good five years younger.'



In the zone: Cate's skin benefits from face mapping



Quick-fix rating 10/10

SCULPT YOUR BODY

The treatment Universal Contour Wrap

Celebrity fan Tamzin Outhwaite

Low-down This involves being wrapped in bandages soaked in sea clay and minerals. This tightens the skin and draws out toxins, reducing the appearance of cellulite. The manufacturers claim you can lose 12 inches across a combination of your vital statistics with your first wrap and it's not unusual to go down a dress size after three.

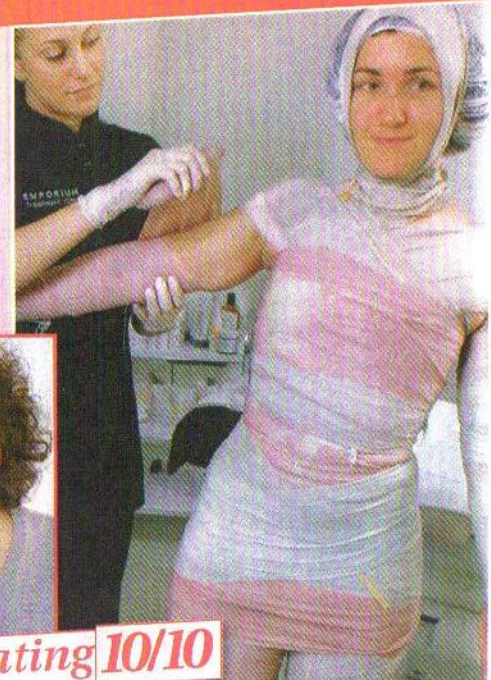
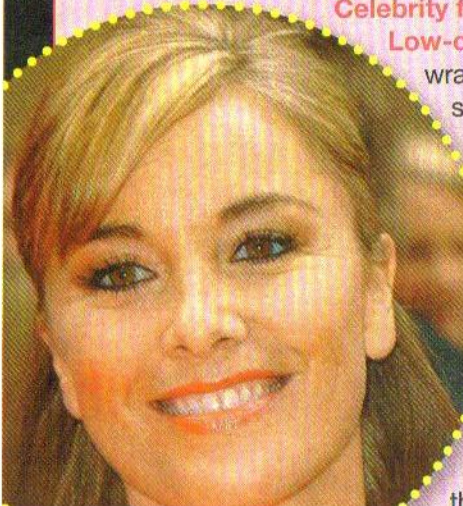
Cost From £50 or £125 for a course of three.

Contact 01784 259988; www.universalcontourwrap.com

The tester Catherine Gordon, 33, Primrose Hill, London

'After the bandages had been applied, it wasn't long before I needed the loo – a signal that my body was shedding water.'

'I lost 11 inches overall and my skin felt more toned. I'd have no qualms about booking in before a big event to help me



Quick-fix rating 10/10